

**Northland Community & Technical College  
Dietetic Technology Advisory Board**

Date: Tuesday, March 30, 2021

Time: 4:30 p.m.

Place: Angie's Zoom Virtual Meeting Link

Attendees: Angie, Sharon, Doris, Abby, Wendy, Sarineh, Anna, Jenny, Dorothy, Alicia

**Agenda**

1. Roll call with introductions
2. New Business
  - a. ACEND discontinues the FEM requiring a bachelor's for the DTR credential as of 3/8/2021. See page 4.
  - b. COVID-19 Update: Being that the program is fully online, COVID-19 hasn't imposed too big of an impact. One thing learned is that the authentic virtual option for community practicum is worth keeping as an option as we start to move forward into planning for life after COVID. The students prepare and present nutrition, health, and wellness presentations and handouts for the community college setting, about 30 PSAs have been submitted to 90.1FM which both increase access to tidbits of information regarding these topics, but could also act as a recruitment for the DT program or for Northland's other programs. Links to the presentations, handouts, and PSAs are provided via Prezi presentation to the Northland's community.
  - c. Students
    - i. 10 in the most recent cohort
    - ii. 8 from the last cohorts
    - iii. We will be accepting at least 3 students from Normandale's on-campus DTP. They are closing their program.
  - d. PT option for students: reviewed the two new tracks and approval from the board was voiced. There was great support for these part-time options to meet the needs of our non-traditional students. See page 5-7.
    - i. CDM track
    - ii. Non-CDM track
    - iii. Working with ACEND to figure out what needs to be done to implement these options

- e. Articulation agreement with MSUM's fully online BS Health Services Administration
  - i. They will transfer in 62c or our 67c for their 120c program (resulting in 67 core credits for the degree)
  - ii. Posted to our website under "articulation agreements."
- f. MAND
  - i. Angie will serve as MAND's education director-elect from June 2021 – 2022, then education director from June 2022-2023.

### 3. Curriculum

- g. Guest Speakers & Virtual Tours – still looking for ideas/volunteers
- h. Virtual Day at the Capitol
  - i. Was held Friday, March 26<sup>th</sup> (virtually).
  - ii. We had great informational sessions on how the legislature works, we had 2 keynote visits with Senator Erin Murphy and Representative Mike Frieberg.
  - iii. We had 4 DT students take part.
  - iv. There were 40 visits with representatives and senators regarding Healthy Kids Meal Bill (HF1307/SF1363) and Minnesota TeleHealth Bill (HF1412/SF1160).
  - v. See page 8-11.
- i. AASC Considerations – Northland will be updating the A&P classes to be a total of 8 credits for I & II together. It is currently 6 credits. Therefore, we will be looking to cut 2 credits from the program. I am considering eliminating the 2 credit therapeutic communication course (HLTH1126) and emphasizing these topics even more in nutritional care and medical nutrition (DIET2020/2025). This will take place at the same time for all healthcare programs at Northland – probably by fall semester 2022.
- j. Preceptors
  - i. We have our first graduate precepting for a student! Thank you, Jenny, for your dedication to the program and to the profession! Jenny reports that preceptorship is going well.
  - ii. As detailed above, we are considering keeping an online authentic virtual option for DIET2035 Community Practicum – even after COVID subsidies. Contracts are difficult with community locations (mostly due to the liability insurance requirements and/or government-run programs with a lot of "red-tape" to onboard students). This option will allow for the student to reach and benefit Northland's community college community while meeting ACEND competencies.

### 4. Graduate Updates/Concerns

- a. Abby reports that her experience transferring into Concordia's didactic BS in nutrition and dietetics program has been seamless. They accepted most of her credits and she states that

they are impressed with her level of preparedness through Northland's DTP. Her goal is to gain an internship after Concordia's program and take the RD exam.

5. Student Updates/Concerns
  - a. Student members voiced that the 2<sup>nd</sup> fall semester is very heavy, and conversation was held between graduated members and current students that it is "doable" but it takes a lot of dedication. The upcoming part-time option was discussed as a way to spread out the load, but it would take an additional year for program completion. The pros and cons for each student would need to be weighed personally.
6. Other?
  - a. Sharon shared that UMC also has a fully online BS in Applied Health where all 67 credits would be accepted as long as the student was a graduate and currently registered through the CDR.
7. Summarize meeting
8. Next Meeting: October 2021
9. Adjourn

## **ACEND® Board Discontinues the Future Bachelor (FB) Demonstration Program**

ACEND® launched its Future Education Model (FEM) demonstration program pilot in 2017 and since has been collecting data to evaluate and monitor the success of the FEM Standards. Current data suggest the great benefit of competency-based education in preparing Registered Dietitian Nutritionists (RDNs), indicated by the number of programs that have applied to become a Future Education Model Graduate (FG) demonstration program, the pass rate on the registration exam for these programs, and the many benefits reported by faculty and students. This underlines the value of elevating the education of the RDN to the graduate level. Over the past four years, there have been few applications for the Future Bachelor's (FB) Demonstration Program (<10% of total FEM applications) with less than 2% of total FEM students enrolled, suggesting limited support for a Nutrition and Dietetics Technician, Registered program at the bachelor's level; therefore, on March 8, 2021, the ACEND Board voted to discontinue the FB demonstration program. Discontinuation of the FB demonstration program was not a desired outcome; however, ACEND is committed to a thorough and honest evaluation of its FEM Standards and programs. ACEND will continue to accredit Didactic Programs in Dietetics (DPDs) as the undergraduate nutrition and dietetics degree and will assist all FB programs (accredited and in process) that want to transition to the DPD Standards. Furthermore, ACEND will continue to accept applications for FG programs in future cohorts of FEM demonstration program.

<https://www.eatrightpro.org/acend/public-notice-and-announcements/acend-update/latest-updates#mar3>

Dietetic Technician – Current Full-Time Track					
Fall Semester 1			Spring Semester 1		
Course Number	Course Name	Credits	Course Number	Course Name	Credits
BIOL2252	Anatomy & Physiology I	3	BIOL2254	Anatomy & Physiology II	3
BIOL2131	Nutrition	3	MKGT2121	Supervisory Leadership	3
ENGL1111	Composition I	3	CHEM1120	Introduction to Chemistry	4
HLTH1126	Therapeutic Communication	2	SOCI1001	Introduction to Sociology	3
MATH/Logical Reasoning	Contemporary Math, College Algebra, Pre-Calculus, Statistics, Calculus I, II, or III	3	DIET1005	Life Cycle Nutrition	3
	<b>TOTAL</b>	<b>14</b>		<b>TOTAL</b>	<b>16</b>
Summer Semester 1					
Course Number	Course Name	Credits			
PSYC1105	Introduction to Psychology	3			
DIET2000	Community Nutrition	3			
	<b>TOTAL</b>	<b>6</b>			
Fall Semester 2			Spring Semester 2		
Course Number	Course Name	Credits	Course Number	Course Name	Credits
DIET2005	Introduction to Food Production & Food Science	4	DIET2030	Food Service Management (1st 8 weeks)	4
DIET2010	Sanitation & Safety	2	DIET2035	Community Practicum	2
DIET2015	Selection & Procurement	4	DIET2040	Clinical Practicum	4
DIET2020	Nutritional Care	3	DIET2045	Management Practicum (2nd 8 weeks)	4
DIET2025	Medical Nutrition	4			
	<b>TOTAL</b>	<b>17</b>		<b>TOTAL</b>	<b>14</b>

Dietetic Technician – Proposed Part-Time Track					
Fall Semester 1			Spring Semester 1		
Course Number	Course Name	Credits	Course Number	Course Name	Credits
HLTH1106	Therapeutic Communication	2	BIOL2254	Anatomy & Physiology II	3
BIOL2252	Anatomy & Physiology I	3	CHEM1120	Introduction to Chemistry	4
MATH/Logical Reasoning	Contemporary Math, College Algebra, Pre-Calculus, Statistics, Calculus I, II, or III	3	BIOL2131	Nutrition	3
	<b>TOTAL</b>	<b>8</b>		<b>TOTAL</b>	<b>10</b>
Summer Semester 1					
Course Number	Course Name	Credits			
PSYC1105	Introduction to Psychology	3			
ENG1111	Composition I	3			
	<b>TOTAL</b>	<b>6</b>			
Fall Semester 2			Spring Semester 2		
DIET2010	Sanitation & Safety	2	DIET1005	Life Cycle Nutrition	3
DIET2005	Introduction to Food Production & Science	4	MKGT2121	Supervisory Leadership	3
DIET2015	Selection & Procurement	4	SOCI1001	Introduction to Sociology	3
	<b>TOTAL</b>	<b>10</b>		<b>TOTAL</b>	<b>9</b>
Summer Semester 2					
Course Number	Course Name	Credits			
DIET2000	Community Nutrition	3			
	<b>TOTAL</b>	<b>3</b>			
Fall Semester 3			Spring Semester 3		
Course Number	Course Name	Credits	Course Number	Course Name	Credits
DIET2020	Nutritional Care	3	DIET2030	Foodservice Management (1 <sup>st</sup> 8 weeks)	4
DIET2025	Medical Nutrition	4	DIET2045	Management Practicum (2 <sup>nd</sup> 8 weeks)	4
DIET2035	Community Practicum	2	DIET2040	Clinical Practicum	4
	<b>TOTAL</b>	<b>9</b>		<b>TOTAL</b>	<b>12</b>

Dietetic Technician – Proposed Part-Time Track for CDMs					
Fall Semester 1			Spring Semester 1		
Course Number	Course Name	Credits	Course Number	Course Name	Credits
BIOL2131	Nutrition	3	BIOL2254	Anatomy & Physiology II	3
BIOL2252	Anatomy & Physiology I	3	MATH/Logical Reasoning	Contemporary Math, College Algebra, Pre-Calculus, Statistics, Calculus I, II, or III	3
ENG1111	Composition I	3	DIET1005	Life Cycle Nutrition	3
	<b>TOTAL</b>	<b>9</b>		<b>TOTAL</b>	<b>9</b>
Summer Semester 1					
Course Number	Course Name	Credits			
DIET2000	Community Nutrition	3			
	<b>TOTAL</b>	<b>3</b>			
Fall Semester 2			Spring Semester 2		
HLTH1106	Therapeutic Communication	2	MKGT2121	Supervisory Leadership	3
CHEM1120	Introduction to Chemistry	4	SOCI1001	Introduction to Sociology	3
DIET2035	Community Practicum	2			
	<b>TOTAL</b>	<b>8</b>		<b>TOTAL</b>	<b>6</b>
Summer Semester 2					
Course Number	Course Name	Credits			
PSYC1105	Introduction to Psychology	3			
	<b>TOTAL</b>	<b>3</b>			
Fall Semester 3			Spring Semester 3		
Course Number	Course Name	Credits	Course Number	Course Name	Credits
DIET2020	Nutritional Care	3	DIET2030	Foodservice Management (1 <sup>st</sup> 8 weeks)	4
DIET2025	Medical Nutrition	4	DIET2040	Clinical Practicum	4
	<b>TOTAL</b>	<b>7</b>		<b>TOTAL</b>	<b>8</b>

# ABOUT US

Minnesota Academy of Nutrition and Dietetics (MAND) is an affiliate of the Academy of Nutrition & Dietetics. With approximately 1,600 members, it is the largest professional organization of nutrition health professionals in Minnesota. Membership is limited to Registered Dietitian Nutritionists (RDs and RDNs), and Diet Technicians Registered (DTRs), those eligible for these classifications, students, and retired members.

Our members work in every health care setting – hospitals, home care, long term care, and clinics. But their leadership extends to several other areas of work:

- Schools
- Community health and wellness
- Sports nutrition
- Private practice
- Health departments; and many more!

MAND members are food and nutrition experts uniquely qualified and positioned to deliver cost-effective prevention, wellness, and disease management services.

If you have questions or would like more information, email Rebecca at [reighton142@gmail.com](mailto:reighton142@gmail.com).



## OUR VISION

Optimizing Minnesotans' health through food and nutrition

## OUR MISSION

Empowering MAND members to be Minnesota's food and nutrition leaders

## CONNECT WITH US

[www.eatrightmn.org](http://www.eatrightmn.org)



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## Minnesota Academy of Nutrition and Dietetics

### 2021 State & Federal Legislative Priorities

The approximately 1,600 members of the Minnesota Academy of Nutrition and Dietetics (MAND) are committed to preventive healthcare and healthy food for all Minnesotans. Our membership includes Registered Dietitian Nutritionists (RDN), Dietetic Technicians, Registered (DTR), and students. Registered Dietitian Nutritionists are Licensed Health Professionals in Minnesota.

<http://www.eatrightmn.org> [mand@eatrightmn.org](mailto:mand@eatrightmn.org)

#### **MAND's cornerstone public policy priorities for all Minnesotans are:**

- ✓ **Cost-effective prevention, wellness and disease management**
- ✓ **Healthcare access and reform - better health, better care and lower costs**
- ✓ **Access to safe and healthy food**

#### **State Policy Priorities**

*MAND supports all bills that are aligned with the cornerstone public policy priorities. Given the fluid nature of a state legislative cycle, it is difficult to predict the final language of a bill as well as which bills will survive.*

*The bills listed below are just a few examples of what MAND is supporting in the 2021 Legislative Session.*

#### **New 2021 Bill Support**

**Healthy Kids Meals ([HF 1307](#), [SF 1363](#))** - This comprehensive statewide Healthy Kids' Meal bill promotes healthy sides and beverages like water and milk as the default options for kids' meals served at restaurants while preserving parent choice. The bill has a multiyear phased-in implementation to give restaurants time to successfully adapt changes.

This bill is being championed by the Minnesota Healthy Kids Coalition.

Bill authors: Reps Edelson (49A), Vang (40B), Elkins (49B) and Berg (56B) & Senator Utke (02)

**Minnesota Telehealth Act ([SF 1160](#), [HF 1412](#))** - The bipartisan Minnesota Telehealth Act expands coverage of services so those who cannot make it to an in-person clinic still have access to high quality care. The bill is aligned with the same services the Center for Medicare/Medicaid have been providing since the beginning of the Public Health Emergency, encouraging private payers to do the same. This bill ensures payer parity meaning insurers must reimburse services provided by video and audio, using the same standards as in-person visits. It's important that audio on its own is reimbursed knowing patients in rural communities may not have access to video chatting capabilities, addressing health disparities, especially for those living in rural communities. Private insurers will be restricted from outsourcing services as their primary exclusive source of services.

This bill is championed by the Minnesota Medical Association and Minnesota Academy of Family Physicians.

Bill authors: Reps Rosen (23A) and Benson (31A) & Senators Clausen (57), Nelson (26) & Klein (52)

#### **Federal Policies**

The Academy of Nutrition and Dietetics is committed to improving the nation's health and advancing the profession through research, education and advocacy. Federal policies that the Academy supports include expanding coverage to MNT, strengthening and enhancing federal safety net programs, food safety, and [much more](#).

**#HealthyKidsMealsMN**

SUPPORT MORE NUTRITIOUS KIDS' MEALS SO ALL MINNESOTA KIDS CAN LIVE HEALTHY, PRODUCTIVE LIVES

**The Minnesota Healthy Kids' Meals policy would make healthier food and drinks the default options on restaurant kids' meal menus.**



## the PROBLEM

less healthy meals 

When kids dine out, they consume more calories, saturated fat, sugar and sugary drinks.<sup>1</sup>

chronic disease 

Drinking just one sugary drink a day can increase the likelihood of getting heart disease in adulthood by nearly 20%.<sup>2</sup> Sugary drinks can also lead to type 2 diabetes and tooth decay.<sup>3</sup>

sugar 

On average, children drink 30 gallons of sugary drinks each year. That's enough to fill an entire bathtub!<sup>4</sup>

health disparities 

Sugary drinks are a health equity issue. People of color are targeted by the sugary drink industry and disproportionately experience nutrition-related chronic diseases.<sup>5</sup>

## the SOLUTION

## healthy habits

Busy families are eating out more often and it's hurting their health! The **Minnesota Healthy Kids' Meals Bill** can help make healthy eating and drinking choices easier for families so everyone can live long, healthy and productive lives.



healthy choices

Drinks like **w**ater and unflavored milk and foods **l**ower in calories, sugar and salt **w**ould be **w**ould be the default options on kids' menus.

However, parents and caregivers would still have decision-making power to choose different options for their children.



## Help make the healthy option the easy choice.

**Visit [yourethecure.org](http://yourethecure.org) or [health.state.mn.us/sugarybeverages](http://health.state.mn.us/sugarybeverages)**



1. Powell LM, Hyatt RF. Fast food and full service restaurants consumption among children and adolescents: effects on energy, beverage, and nutrient intake. *JAMA*. 2009;301(16):1670-1676. [DOI: 10.1001/jama.301.16.1670](#)

2. Xu, H., Huang, Y., Nguyen, et al. Sugar-sweetened beverages and risk of hypertension and CVD: a dose-response meta-analysis. *Br J Nutr*. 2015; 113:769-773. [DOI: 10.1017/S0007114514001003](#)

3. Jorde, N., Dierckx, W.H., Janssens, S.H., Johnson, R.P. American Academy of Pediatrics, Section on Obesity, Committee on Nutrition, American Heart Association. Public policies to reduce sugary drink consumption in children and adolescents. *Pediatrics*. 2019; 143:e20190282. [DOI: 10.1542/peds.2019-0282](#)

4. [https://www.who.int/news-room/fact-sheets/detail/sugars-in-foods](#)

5. [https://www.who.int/news-room/fact-sheets/detail/sugars-in-foods](#)



## ISSUE

# Ensuring Continued Coverage of Telehealth and Telephone Services

## MMA Position

It is essential to continue the expanded coverage of telehealth services to ensure that all individuals have access to high quality health care. The MMA supports changes to telehealth laws that will support the continued availability and coverage of telehealth and telephone services for all Minnesotans.

## Background

The use of telehealth services has expanded significantly since the start of the COVID-19 pandemic. Before the pandemic, only 14 percent of Americans stated that they had received health services through a telehealth visit at least once. This is in stark contrast to a survey conducted after the start of the pandemic showing that almost 69 percent of all health visits were conducted via a telehealth visit.<sup>1</sup> Two major changes that have resulted in this increase include covering services provided in the patient's home and covering telephone-only services.

Telehealth is not a substitute for in-person care, it is simply another way of delivering care to ensure that the most people have access to that care. The MMA supports efforts that address health disparities and ensure that all individuals have access to the same high-quality care.

Telephone-only visits are necessary to address obstacles to care. A recent Minnesota Department of Health and Human Services study showed that ethnic minority and rural tribal groups prefer telehealth that is provided by telephone.<sup>2</sup> Five states have already moved to allow permanent coverage of telephone-only visits.

The quality of care received through a telehealth visit can be the same quality of care a patient would receive at an in-person visit. Through telehealth, patients can

receive uninterrupted care without the inconvenience of travel and wait times.

The expanded coverages were the result of Gov. Tim Walz's executive orders. The Legislature must act to maintain these coverages or they will expire on June 30, 2021.

## Talking Points

- The MMA supports improving access to health care for all individuals by:
  - Covering services via telehealth provided in a patient's home.
  - Covering first visits via telehealth.
  - Covering telephone-only services to a patient.
  - Allowing a provider to determine whether a telehealth or in-person visit is needed.
- Telehealth services must be reimbursed at the same rate as an in-person visit.
- Broadband access must be expanded throughout the state.

<sup>1</sup> State Telehealth Policy Framework, Accessed Dec. 28, 2020 – <https://medicalalley.org/2020/10/state-telehealth-policy-framework/>

<sup>2</sup> DHS Telemedicine Utilization Report, Accessed Dec. 28, 2020 – [https://mn.gov/dhs/assets/telemedicine-utilization-report-2020\\_tcm1053-458660.pdf](https://mn.gov/dhs/assets/telemedicine-utilization-report-2020_tcm1053-458660.pdf)

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