



Northland Community & Technical College Healthy Campus Committee Minutes

Tuesday, July 19, 2005
Room 106 Noon – 1 pm

Members Present: **Mary Fontes, Bob Gooden, Kit Brenan, Jennifer Moreland, Diane Rapacz, Marna Klug, Milt Kinzler, Tony Sorum, Kim Lee, Margarita Bracamonte, and Al Gunderson**

Possible New Members: Rob Jung, Richard Wills, Brian Huschle, and Todd Anvinson

Topic	Responsible Party	Discussion/Outcome
BUSINESS Minutes	Tony	June 13, 2005 minutes were approved.
Survey of Needs - Top Three Update	Diane, Jen, Mary	Diane, Mary, and Jen will meet to put the Healthy Campus Survey together and have for distribution 1 st week of classes. They will work with Chad to get the Survey online also. The plan is to also have the surveys available first week with Student Handbook distribution including giving away healthy snacks provided by the Healthy Campus Committee.
Tobacco Free/Healthy Eating Recommendations	Mary	Mary will bring the Committee's recommendations regarding Tobacco Free and Healthy Eating to the first Management Team meeting in the fall.
High/Low Ropes IMPACT BNW	Jen	Tabled
Memberships/Discounts	Milt	We need to get some information from Select Therapy and complete the information that Milt has collected for distribution to students. Milt will also connect with Chad about getting the information online for students.
Intramurals (Open Gym)	Mary/Tony	Tony and Diane have signed up to assist with Intramurals for the year at the EGF Middle School. The contract for the Middle School has already been completed. There was discussion on what we should do with the weight equipment that the campus has? The committee recommended that we keep the weight equipment and see if room 404 (Paramedicine area) has space for the equipment. It was recommended that the campus not sell the equipment in the upcoming auction sale.
Grants	Tony/Al	Tony has researched information on grants. Most opportunities he found were disability focused and employment related. Perhaps we could pursue grant options as a way to focus on healthy lifestyle options as an Alternative to Drinking. The statistics on college students in our area is staggering and perhaps grants would be available under Alcohol Prevention. Kit Brenan and Ellen will

Walking Route	Diane	connect and research information in this area. Perhaps the McKnight Foundation or federal grants would be available.
Classes	Al/Bob	Diane will make the corrections and get some professional posters made to promote the "Walking Route". Mary also has purchased the materials for the Walktober Kickoff. We will need a volunteer to head up this project.
Instructor Pay/Supplies	Mary	Room 404 is an option that is far enough away from other classrooms to have low and high impact aerobics classes. Marna has looked into flooring but we need to check with Dan Sponsler regarding using his room when no class is in session for classes. Tony will check with Dan to see what the possibilities are.
Student Healthy Club	Tony	Mary checked with Kent and he gave the approval to use the Health Fee budget (455155) to purchase supplies and pay for any instructors, if needed for the aerobics classes, in order for the committee to carry out the activities they plan.
Other		If students want to initiate a Club, they would need to go through the process through Student Senate in the fall to do so. When a call goes out for members in the fall, members will be solicited from employees and students.
Next Meeting		Next Meeting, TBD