

Northland Community & Technical College

Healthy Campus Committee Meeting

Wednesday, December 1, 2010
EGF Campus Room 314 2:00 p.m.

MINUTES

Attendees: Shelley Koerber, Bobbie Taylor, Nancy Carda, Angie Sand,

Absent: Mary Fontes, Rita Lealos, Peggy Rogers

Topic	Responsible Party	Discussion/Outcome
Call to order		
1. Feb. National Heart Month	ALL Nancy Angie	1. February is Heart Month <ul style="list-style-type: none"> • CVT Club is doing an event nation Go Red Day for Friday February 4th, 2011 • Healthy Campus would like to piggy-back on this and do an awareness event
2. Biggest Loser	ALL	2. Angie received an email from TRF HCC regarding biggest loser. They had their event this fall and would like to do it again in the spring. Will discuss with their HCC on ideas on how to collaborate without adding too much effort. 3. EGF HCC will plan to do Biggest Loser starting in Jan. with the Rally being on Wed. Jan. 12 th the Commons from 11-1. 4. The Event will run for 12 week from 1/18-4/13 and we will charge \$5.00/person 5. Teams will consist of 2-4 person teams 6. The committee decided that we will give out pedometers and water bottles at the Rally and will check with UND to see if we can offer the first 15 students to sign up a day pass from UND . Angie will check with Mary Fontes to see if the Committee can pay for this. 7. Weigh-Ins will be on Tues and <u>Wed.</u> and details coming soon. 8. A poster will be purchased by the HCC to get students motivated and one to use year after year.
3. Adjourned 4:00	All	1. Next Meeting will be Friday Jan 7

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