



Northland Community & Technical College Healthy Campus Committee Meeting

Friday, August 19, 2011
EGF Campus Room 248 8:30 a.m.

MINUTES

Attendees: Angie Sand, Bobbie Taylor, Shelley Koerber, Rita Lealos, Peggy Rogers, & Bob Gooden briefly

Absent: Nancy Carda

Topic	Responsible Party	Discussion/Outcome
Call to order		
1. Fall activity idea	All	<ol style="list-style-type: none">1. After discussion, we decided to do a 'Colors of Cancer'. An awareness activity for the campus.2. Angie will call the American Cancer Society to see if any free materials are available.3. Peggy will do Breast Cancer (pink)4. Angie will do Prostate Cancer (light blue)5. Shelley will do lymphoma (red)6. Bobbie will do leukemia (orange)7. Angie will contact Maureen O'Connell about the table tops and will TRY to design a poster for them! Each member doing a cancer will get 4-5 tidbits of info to Angie to use on the posters.8. We found out that the display case will no longer be available. We will buy 4 trifold display boards to use instead. Green sheet will be turned in by Angie on 8/22/11. Display will be in commons now on tables from 10/3/11- 10315/11.

2. Other ideas . . .	All	1. Do we still want to have Esther come and do her flax activity that was canceled this last spring? Can Nancy contact her and see if a day in November will work for her?
3. Spring activity idea	All	<ol style="list-style-type: none"> 1. We will not be doing another Biggest Loser challenge. Instead, we want to promote movement. Discussion included possibly creating punch cards and tracking miles, possibly doing an interactive 'race' with TRF campus. We will discuss further at a later date. 2. Bob Gooden arrived at meeting to answer questions. He does have a previously printed walking map of campus. He will find it and get back to us. 3. We would like to possibly purchase nice signs for the campus stating how many laps it takes to complete a mile. We found out 2 miles is 9 laps. We'd also like to look into creating a sign for mileage for walking outside around campus. Bob is going to make his contact and check pricing of such signs and get back to us.
4. Next meeting	All	1. We will meet again mid-September to discuss finishing details of Colors of Cancer display, the flax activity, and also to discuss more on spring activity.
5. Adjourned	All	1. Please watch emails for possible meeting day and time.