



Meeting Name: **Healthy Campus**

Date & Time: Monday, October 23, 2017 from 12:00 – 1:00 p.m.

Campus & Room #: Rm 292 (EGF), Rm 461B (TRF)

Committee Minutes

Attendees: Colleen Kukowski, Cory Feller, Erin Bulger, Kelsy Blowers, Lisa Lemonds, Mary Fontes, Peggy Rogers, and Dawn Gallardo

Absent: Amanda Johnson, Brian Suckow, Candy Seyfried, Deloris Larson, Jason Pangiarella, Mei Sather, Nancy Carda, Paul Peterson, and Teresa Mattison.

Topic	Responsible Party	Discussion/Outcome
Purpose		Identify and implement strategies to promote good health and fitness among employees and students.
1.Activities to date (August – October)	Kelsy/Counselor	<ul style="list-style-type: none"> - September 28, 2017 Suicide Awareness workshops – DVD and Discussion: “The Truth about Suicide: Real Stories of Depression in College”. . Zero in attendance. -However, invited into specific classrooms to provide information: ARTS 1125 – October 4, 2017 – 21 in attendance PNSG 1258 – November 1, 2017
	Student Senate Diversity/Equity/	<ul style="list-style-type: none"> - October 7, 2017, from 9:00 a.m.-3:00 p.m. Paintball Day - October 14, 2017 @ 10:00 a.m. Final home football game community



<p>To Do</p>	<p>Inclusion EGF Counselor – Dawn</p> <p>PN Student Club</p> <p>PTA Club Phi Theta Kappa Kelsy/Counselor</p> <p>Jason P / Karen M</p> <p>Julie Julie via request</p>	<p>lunch for TRF students</p> <ul style="list-style-type: none"> - October 17, 2017 @ 3:00 p.m. “Escalation” film for National Domestic Violence Awareness Month Intervention: Stop the situation. Tools to help individuals know they can step in to help. What can we do to help? - October 18, 2017, from 8:45 a.m.-2:30 p.m. United Services Blood Drive - October 26, 2017, from 12:00-1:00 p.m. PT Month “PTA Open House” - Month of October Winter Clothing Drive - October 31, 2017. Depression awareness workshop “DVD and Discussion” - Student Life Events—Need to update online calendar and send out emails regarding events. - Room scheduler (Julie schedules all nonstudent life events) - Update online event calendar as needed through Julie.
<p>2. Intervention</p>	<p>Volunteers needed to research Erin Bulger Teresa Mattison Dawn Gallardo</p> <p>- Colleen will contact</p> <p>- Task group needed?</p> <p>Counselor’s Office Counselor’s Office</p>	<ul style="list-style-type: none"> • ATOD (Alcohol, Tobacco, and Other Drugs) Grants https://www.drugabuse.gov/funding/funding-opportunities https://www.samhsa.gov/grants/grant-announcements-2018 • ATOD at the County level – Sue Thompson (Polk County) • Education & Awareness Partners – Check on Quit Plan – Stop smoking – Speak with Inter-County <p>Awareness Issues: Tobacco – Fentanyl - Pill abuse - Other Drugs</p> <ul style="list-style-type: none"> - October – Mental health email, Depression video October 31 - November – SOS—Mental Health Screening,



	HR /Student Affairs	- November 16, 8:00-4:30 p.m. Mental Health First Aid in EGF
3. Healthy Campus	?Teresa/Quit Plan Nursing/Dietetic Dietetic Program Dietetic Program Early Childhood	National Health Awareness Month site https://healthfinder.gov/NHO/nhoyear.aspx?year=2017 - November, 3 rd Thursday of the month is the Great American Smokeout (Nov. 16, 2017) - January – National Drug and Alcohol Facts Week - February – American Heart Month/National Eating Disorder Screening - March – National Nutrition Month - April – Sexual Assault Awareness and Prevention Month/National Child Abuse Prevention Month
4. Drug Free College Audit (Due October 2018)	Colleen, Mary, & Cory All Clubs/ Staff/ Classes Peggy Examples of ATOD activities (In and Outside the classroom) Cory	NCTC has to complete the Drug Free College Audit every 2 years. We need to have the audit completed by October of even years (October 2018 – next date). The audit consists of completing a checklist and pulling documentation to make sure we are doing everything to comply on the education piece and promoting healthy living lifestyles. - Need to improve or promote healthy living lifestyles: What are we going to do to raise awareness to change behaviors? - Need to have more activities related to tobacco, alcohol, and other drugs. - Campaign against ATOD – Volunteers to assist with this project? - Is there anything we are missing? Professional Development Faculty - Bring up ATOD topics for professional development among faculty. - In classroom send information to Cory - How little/how much information is needed? Email

	Cory	<ul style="list-style-type: none"> - Send out a reminder notice at the beginning of each semester about alcohol and other drug topics or activities in and outside the classroom. - At the end of each semester, have faculty and staff submit. <p>ACTION: Mary, Cory, and Colleen to meet about the email and sample document to send out.</p>
5. Nonacademic student support services resource page	<p>Mary</p> <p>Jason / Student Success Center</p> <p>Peggy</p>	<p>Discussion</p> <ul style="list-style-type: none"> - Nonacademic support services - Do we have a Resource web page developed? Would need to update annually, check links, etc. - Someone to monitor it - Have Marketing develop a webpage? <p>Jason has sent an email about food, winter clothing, and supplies.Ex. Food Boxes, Winter Coats, School Supplies, etc....</p> <p>Services by Category</p> <ul style="list-style-type: none"> - Housing - Transportation - Child Care - Mental Health - Food - County Financial Services - Health Care <p>Peggy stated that her students conduct research MN Side and ND Side to determine the resources available in the community. There also is a County page that is developed for the ND side, plus Kelsy stated there is a MN County page near completion.</p>
Legislative Mandate: MN		



legislature mandated to have resources made available targeting pregnant and parenting students		Mary sent the resource information as requested by the mandate to all students and employees with the Official Policy Notice sent each term. She will continue to do so every term. If we have the webpage, we may be able to direct all to that Resource page instead of have a static document.
6. Budget		\$ 1000.00 college wide/EGF \$3 remaining in that separate account.
7. Adjourn	Date / Time	November 13, 2017 at 12 (noon) in rooms EGF 301/ TRF 461B